



Health Report For Nursing Students

Confidential

Student Name_____

Semester and Year_____



Health Requirements for Nursing Students

Physical Exam and Health History

All nursing students prior to the beginning of clinical placement must submit the required health documents to ensure the nursing student will assume duties free from a health impairment which is a risk to a patient or might interfere with the performance of duties. New York State Department of Health, Regulation 405.3, Requires a physical examination before the start of client contact. The physical exam is to be completed on Clinton's official form.

Evidence of Immunity

Documentation of immunity is required. If immunization records are not available, then antibody titers are required with ORIGINAL COPY of the test results.

Measles (Rubeola) or combined MMR

- ◆ Two doses of live measles vaccine or combined MMR received no more than 4 days prior to first birthday, with a minimum of 28 days between doses **OR**
- ◆ MMR titer, submit original copy of lab results.

Mumps

- ◆ One dose of live mumps vaccine or combined MMR received no more than 4 days prior to first birthday **OR**
- ◆ MMR titer, submit original copy of lab results.

Rubella

- ◆ One dose of live rubella vaccine or combined MMR received no more than 4 days prior to first birthday **OR**
- ◆ MMR titer, submit original copy of lab results.

Varicella

- ◆ Two doses of Varicella vaccine with a minimum of 28 days between doses **OR**
- ◆ Varicella antibody titer, submit original copy of lab results.

Tetanus/Diphtheria/Pertussis (Tdap)

- ◆ One dose of Tdap within the last 10 years, TD boosters are required every 10 years thereafter.

Hepatitis B (HBV)

- ◆ The CDC strongly recommends 3-dose Hepatitis B vaccination series or the newer 2-dose series.

If you do not wish to receive the series, a signed declination form must be submitted.

Flu Vaccine and Covid-19 Vaccinations

- ◆ The vaccinations are recommended but not mandated.
- ◆ NYS DOH requires documentation of the flu vaccine **OR** sign a declination form. Flu season typically runs from October through May. Unvaccinated healthcare providers are required to wear a mask during the Flu season.

Meningococcal Vaccine: Recommended but not required

- ◆ Documentation of the meningitis vaccine within the last 5 years (1 dose of MenACWY or 2-3 dose series of MenB) **OR**
- ◆ Sign the Meningitis Response Form.

Tuberculosis (TB) Testing

All nursing students participating in clinicals must satisfy the TB screening component by completing TB Risk Assessment and Symptom Evaluation Form and TB test. If you have had a baseline TB test with completed annual TB assessment forms through your present employer, Clinton requires documentation of the baseline TB test with results, plus copies of the documentation of subsequent annual TB risk and assessment forms. The most recent TB assessment form must be within the last 12 months. Otherwise, TB tests are required for all new nursing students.

The two types of TB testing are a skin test or blood test.

- ◆ Two-step Tuberculin Skin Test (TST).
 1. First Visit – Have the TB Skin Test placed.
 2. Second Visit – 48-72 hours after visit one, get the TST read.
 3. Third Visit – Repeat TST in one to three weeks.
 4. Fourth Visit – 48-72 hours later, have the TST read.

OR

- ◆ One of two blood tests may be performed to detect TB infection:
 1. QuantiFERON Gold (IGRA) blood test **OR** T-SPOT TB blood test.

Points to consider:

1. Any student with a positive initial TB test result must have a baseline chest x-ray, a clinical evaluation and submit a completed Risk Assessment and Symptom Evaluation form.
2. The preferred method for any student who has received the BCG vaccine is to receive a TB blood test.
3. Any student with previous positive TB results does not need to be retested.
4. Pregnancy or the Bacille Calmette-Guerin (BCG) vaccine are not considered exclusions for tuberculin screening requirement.
5. TB tests cannot be administered within 30 days after receiving live vaccines.

Essential Functions Form:

All nursing students must read, sign, and submit the Essential Functions Form. The Essential Functions described are necessary for the progression through the nursing program.

Please Note: Equivocal titers are not accepted. Titers must be positive. If titers are equivocal or negative, you will need to provide proof of the appropriate vaccination given after the date of the lab test.

Valid, Acceptable Proof of Immunization:

- ◆ Vaccination card from childhood.
- ◆ Immunization records from your doctor's office.
- ◆ High school or prior college's immunizations records.
- ◆ Blood test (**submit a copy of the original lab report**) proving immunity to measles, mumps, rubella, varicella and/or Hepatitis B.
- ◆ Certificate of immunization from INS or country of origin for international students.

TO SUBMIT HEALTH RECORDS:

- ◆ **In person**, deliver to room 152M Moore Building
- ◆ **Mail** Nursing Department, Clinton Community College, 46 Beekman Street, Plattsburgh, NY 12901
- ◆ **Email:** kathleen.bedard@clinton.edu



MMR Immunization Requirements

New York State Public Health Law 2165 requires all college students born on or after January 1, 1957, and enrolled in 6 semester hours on campus to submit documentation of immunity to measles, mumps and rubella (MMR). Failure to comply with New York State immunization requirements will result in administrative withdrawal from courses.

Measles, Mumps, Rubella (MMR) requirements:

Measles (Rubeola)

- Two doses of live measles vaccine or MMR vaccine at least 28 days apart. The first dose administered no more than 4 days before the first birthday and given on/or after January 1, 1968.
- Physician's documented history of disease **OR** blood test/titer proving immunity. **Submit a copy of the original lab report to the Health Office.**

Mumps

- Single dose of mumps vaccine or an attenuated live MMR vaccine administered no more than 4 days before the first birthday and given on/or after January 1, 1969.
- Physician's documented history of disease **OR** blood test/titer proving immunity. **Submit a copy of the original lab report to the Health Office.**

Rubella (German measles)

- Single dose of live rubella vaccine or MMR vaccine administered no more than 4 days before the first birthday and given on/or after January 1, 1969.
- Blood test/titer proving immunity. **Submit a copy of the original laboratory report to the Health Office.**
- Clinical diagnosis of rubella is **NOT** acceptable as proof of immunity.

Valid, Acceptable Proof of Immunization:

- Vaccination card from childhood.
- Immunization records from your doctor's office.
- High school or prior college's immunizations records.
- Blood test (**submit a copy of the original lab report**) proving immunity to measles, mumps, rubella, varicella and/or Hepatitis B.
- Certificate of immunization from INS or country of origin for international students.

SUNY announces that the Covid-19 vaccine will no longer be mandated for students to attend SUNY's campuses. SUNY strongly recommends all students get vaccinated. This policy is subject to change based on guidance from government agencies.

MMR EXEMPTIONS: Students may request medical exemption. It must be on office letterhead, including student's name, DOB, and the medical contraindication for not administering immunizations, college students can still obtain a religious exemption. If a disease outbreak occurs, students with medical/religious exemptions will be excused from classes until it is determined by administration it is safe to return to classes. (Exemption forms are available,)

Certificate of Essential Functions

Student Name: _____

Each nursing student is required to sign this form attesting that they are able to perform these essential skills/abilities with or without reasonable accommodation. A reasonable accommodation is defined on a case-by-case basis by the specialist in Accommodative Services in consult with the Nursing Department.

Gross Motor Skills:

- Standing/Walking: must be able to walk and stand on your feet for majority of time in the clinical setting (8-12 hours).
- Sitting: must be able to sit while charting/entering data into a computer or receiving report.
- Lifting/Carrying: required when assisting in lifting and transferring patients, repositioning patients, picking up a child, carrying medical supplies and certain medical equipment.
- Pushing/Pulling: required when administering patient care, pushing equipment, i.e. hospital beds, wheelchairs.
- Reaching: required when performing patient care such as hanging and/or adjusting IV bags.
- Bending/Twisting/Stooping/Squatting: required when performing certain activities of patient care.

Fine Motor Skills:

- Manual dexterity, writing/grasping small objects/fastening clothes: must be able to pick up small objects with hands, write, type on computer, and squeeze with fingers, i.e. eye droppers, use syringe, and insert a catheter.

Sensory Ability:

- Tactile ability: must be able to feel through touching: to palpate with fingers and hands, and assess for tenderness, temperature, pulses elasticity of skin, masses.
- Hearing: must be able to hear a range of sounds and tolerate disturbing sounds: vomiting, crying from pain or grief, coughing from trach, hearing sounds such as normal and faint speaking voices, blood pressure heart sounds, lung sounds, bowel sounds, and alarms i.e. fire alarms, codes, monitors, and call lights.
- Olfactory: must be able to smell and tolerate strong odors: to identify foul drainage from wounds, to detect smoke or noxious odors in patient care settings.
- Visual acuity: must have the sense of sight with or without correction: to inspect skin, to perform treatments, to draw up and administer medications.

Environment:

- Must have ability to recognize health hazards: may be exposed to blood/body fluids and infectious diseases, to prevent the spread of disease.
- Must be able to wear and tolerate personal protective equipment (PPE): to understand the role of PPE in healthcare and to optimize the use of it to control and prevent the transmission of infection.

- Must be able to recognize threats to physical safety: to operate equipment safely in clinical areas, to recognize accident hazards and correct them, to seek assistance when a situation requires more experience or expertise.
- Must be able to respond to exposure to chemical materials: exposure to disinfectants, sanitizers, and cleaning agents in the clinical setting, to use appropriate protective equipment.

Observations/Cognitive Abilities:

- Must have the ability to observe and listen to others, to pay attention to detail, to pay attention to non-verbal behaviors, to notice changes in attitudes, behaviors, activity levels, and changes in physical conditions: to problem solve in a variety of situations and settings.
- Must have the ability to measure, identify, analyze, and respond to situations: to problem solve and influence good decision-making.
- To stimulate personal and professional growth: to develop patience, compassion and empathy.

Communication:

- Must be able to communicate verbally in English with accuracy and clarity, including non-verbal communication: to follow directions, network, and collaborate with team members, to teach others.
- Must be able to read and write succinctly: to record medical information and responses to treatment and plans of action.

Time Management:

- Must be able to learn time management strategies, prioritize tasks, to stay organized, to increase productivity: to meet patient-centered goals and have a sense of accomplishment of a job well-done.

Non-Judgmental:

- Strive to be non-judgmental, respect and value cultural differences: to build trusting relationships.

CPR Certification:

- To obtain the American Heart Association or American Red Cross BLS CPR course for Healthcare Providers which must include an in-person component. Online only certifications will not be accepted: to meet the college's requirements.

Work habits:

- Must have the ability to adhere to classroom and clinical schedules, to complete and submit assignments by the due date, to adhere to the Policies and Procedures of Clinton's Nursing Program: to meet these requirements to become the best nurse you can be and make a difference in your patients' lives.

I, _____ here by attest that I am able to perform, or learn, the Essential Functions.
Print Name

Signature: _____ Date: _____